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Inside this issue:

SIG Updates	2
SPPAC 2024	3
New research	4
Training and jobs	5

SPRING NEWSLETTER 2024
PEDIATRIC GASTROENTEROLOGY SPECIAL INTEREST GROUP (PG SIG)
AN OFFICIALLY RECOGNIZED SIG WITHIN THE SOCIETY OF PEDIATRIC PSYCHOLOGY (DIVISION 54, APA)

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APRIL 2024

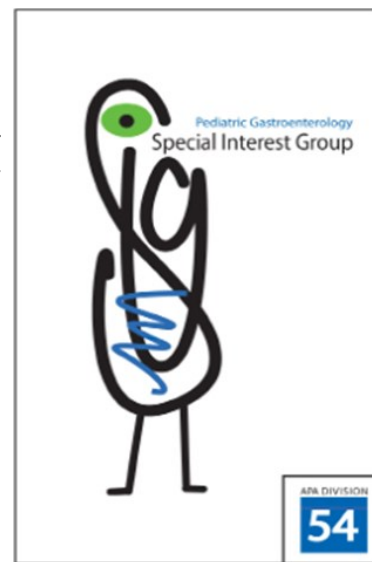
A Message from our Co-Chairs

As our two years as Co-chairs comes to a close, we wanted to take time to highlight some of the SIG's accomplishments over the course of our term, including: finalizing the standard operating procedures for all board members, utilizing our Twitter/X account to expand our SIG's presence on social media, holding an in-person SIG social at SPPAC 2023, creating a GI Psychology-focused mentorship program, and formalizing the NASPGHAN liaison roles on the board. We have appreciated the hard work of all our board members who helped make these initiatives a reality. We are excited for Dr. Jessica Buzenski and Dr. Lauren Potthoff to move into their roles as Co-Chairs early this summer as we transition to Past Chairs. We anticipate they will continue to maintain and expand our initiatives to better serve our PG SIG members! We will also be recruiting for two new Co-Chairs Elects

as Drs. Buzenski and Potthoff transition to their new roles. Please consider nominating yourself for one of these positions.

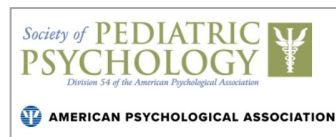
Our annual business meeting is scheduled for **Thursday, April 18th at 12:00pm EST** and will be held virtually via zoom. Our meeting will include SIG business, the student poster award presentation, and a presentation on assessment of disordered eating symptoms in patients presenting to psychogastroenterology by Dr. Megan Riehl.

This newsletter will highlight our call for Co-Chair Elects, GI relevant presentations at upcoming SPPAC, including our two student poster award winners, and updates from our MALs.



We look forward to seeing many of you virtually at our meeting or in-person at SPPAC 2024 in New Orleans!

Bonney & Margo



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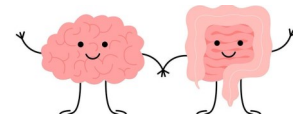
Call for PG SIG Board Members

Your current Board is seeking applications, including self-nominations, for open Board positions that will begin serving early summer 2024. To apply, please submit a brief description (paragraph or two) of why you are interested in the position and what you believe qualifies you for that position. Please consider serving our PG-SIG community and gaining leadership and service experience.

Nominations due by May 10, 2024, to ebreed@emory.edu and szabom@chop.edu.

Co-Chair Elects: The Chair-elect shall be a member of the PG-SIG who is elected by the membership for a term of 6 years, during which time they will serve for 2 years as Chair-elect, Chair, and past-Chair, respectively. As Chair, the individual will lead the PG-SIG by assuming ultimate responsibility for all ongoing programs, leading the development of new directions, maintaining a positive relationship with the parent organization (SPP), speaking for the PG-SIG in personal and public communication, and appointing all committees, liaisons, and other offices of responsibility.

PG SIG Annual Meeting



Our annual SIG meeting will take place on **April 18th at 12 pm EST via Zoom** (<https://zoom.us/j/91749075646>). Megan Riehl (<https://www.uofmhealth.org/profile/3664/megan-elizabeth-riehl-psyd>) will be joining to speak on *assessment of disordered eating symptoms in patients presenting to psychogastroenterology*. We also will have our **2 poster award winners** present their posters and our business meeting.

SPPAC Student Poster Awardees — Thank you to all students and trainees who submitted their poster for consideration. This year, we are happy to announce two winners:

Helen Bedree, DePaul University

“More discordance, worse pain: Exploring child-parent agreement on anxiety and depressive symptoms and implications for pain intensity among youth with disorders of gut-brain interaction”

Authors:

Bedree, H., Tran, S.T., Fortunato, J., & Essner, B.S

Hailey Inverso, University of Florida

“On The Same Page? An Examination of Adolescent-Caregiver Discordance on Reports of Adolescent Sleep, Anxiety and Depressive Symptoms, and Family Functioning In Pediatric Inflammatory Bowel Disease”

Authors:

Inverso, H., M.S.; Ralph, J.E., B.A.; Moorman, E.L., Ph.D.; Beasley, G., M.D., & Janicke, D.M., Ph.D., ABPP

SPPAC CONFERENCE 2024



Below are presentations that may be of particular interest to PG-SIG members. Please refer to the official conference program for updated dates/times and for all GI psychology-related content.

Conference Talks:

Friday April 26

10:45 AM Amplifying our Impact: Action-Based Strategies to Support Professional Equity for Psychologists in Hierarchical Academic Medical Systems. Presenters: Rachael Coakley (she/her/hers), PhD, Amy E. Hale (she/her/hers), PhD, Rashmi Parekh. Bhandari (she/her/hers), PhD, Kelsy Newton (she/her/hers), PsyD

Saturday, April 27

1:00 PM Zoom Rooms and Jamboards: Methodological approaches for delivering telehealth-based interventions. Michele Maddux, PhD, Jack A. Vagadori (he/him/his), BS, Bonney Reed (she/her/hers), PhD, Megan Connolly (she/her/hers), PhD, Shayna Coburn, PhD

Poster Presentations:

Poster Session 2 on Friday April 26th, 8:00 am—9:00 am includes gastroenterology topics

Some of the many posters of interest across all sessions:

Supporting Timely, Neutral, and Calm Discussions about Ostomies in Pediatric IBD: An Interprofessional Quality Improvement Project. David et al.

Family Telehealth Interventions in Celiac Disease. Vagadori et al.

Peer Relationship Quality in Teens with Celiac Disease: Response to the GROW Project Proof-of-Concept Trial. Vagadori et al.

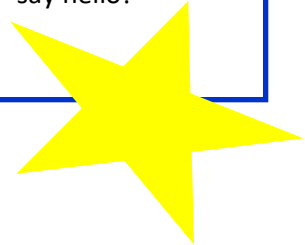
Understanding the Roles of Diagnostic Uncertainty and Pain-Related Self-Stigma Amongst Caregivers of Children with Abdominal Pain-Related Disorders of Gut-Brain Interaction and Eosinophilic Esophagitis. Evans et al.

Providers' Consideration of Systemic Barriers in Interdisciplinary Specialty Care: A Needs Assessment. Romano-Verthelyi et al.

To see all SPPAC 2024 programming, please visit:

<https://pedpsych.org/meetings-events/sppac-2024/>

If you are attending SPPAC, please join for an informal social event for pediatric GI psychologists! We will meet **Friday April 26th at 5:30 pm** at the **8 Block Kitchen and Bar**. Please stop by to say hello!



NASPGHAN Annual Conference 2023

What a great turnout for psychology at the NASPGHAN 2023 annual conference with wonderful talks and several poster presentations. **A big thank you to Kari Baber and Cindy Kim** for serving as our liaisons to the NASPGHAN planning committee and insuring excellent psychology representation across the program.

Look out for emails from Kari and Cindy for the upcoming 2024 conference as it is sure to be another great event. **The 2024 conference will take place on November 6-9, 2024 at the Diplomat Hotel in Hollywood, FL.**



Psychology social event at the 2023 NASPGHAN conference. San Diego, California .

Upcoming Relevant Webinars/Conferences:

1. **Improve Care Now** Spring 2024 Community Conference on April 18th—https://www.improvecarenow.org/spring_2024_community_conference
2. **The Celiac Disease Behavioral Science Consortium** is hosting a members' networking event on April 18 4-5pm ET! Learn more on our website: <https://www.cdbsc.org/>

New Research:

Papers:

Low Kapalu, C., & Wilkes, C. D. (2023). Toward promotion of health equity in pediatric disorders of gut–brain interaction: A call to action. *Clinical Practice in Pediatric Psychology*, 11(4), 449.

Austin, J. E., & Begotka, A. M. (2024). A Diaper Fading Protocol to Treat Toilet Refusal: Four Case Studies. *Cognitive and Behavioral Practice*.

van Tilburg, M.A.L., Monis, E.L., Braumann, R.E., Fleishman, K., & Lamm, K. (2024) Hypnotherapy as a medical treatment: Evidence-based or pseudoscience?, *Complementary Therapies in Clinical Practice*, 2024, ISSN 1744-3881, <https://doi.org/10.1016/j.ctcp.2024.101841>.

van Tilburg, M.A.L., & Rana, H. (2024). Well-being of patients with Irritable Bowel Syndrome: A shift from measuring deficits to strengths? *American Journal of Gastroenterology*, 00, 1-2. doi.org/10.14309/ajg.0000000000002601

Silverman, J.A., Chugh, A., Hollier, J., Martin, N., Raghu, V., Rosas-Blum, E., van Tilburg, M.A.L., Venkataraman-Rao, P., Venkatesh, R., Lu, P.L. (2023). Using Social Media for Patient Care, Research, and Professional Development: A North American Society of Pediatric Gastroenterology, Hepatology, and Nutrition Position Paper. *Journal of Pediatric Gastroenterology and Nutrition*, 78(2), 414-427. <https://doi.org/10.1002/jpn3.12051>.

Kahlenberg, H., Williams, D., van Tilburg, M.A.L., & Jiroutek, M. (2023). Vaccine Hesitancy for COVID19: What is the Role of Statistical Literacy?" *Frontiers in Public Health*, section Public Health Education and Promotion, 11, 1230030. doi: 10.3389/fpubh.2023.1230030

Hausteiner-Wiehle, C., Michaelis, R., Senf-Beckenbach, A.P., Bauer, P.R., Kleinstaubler, M., van Tilburg, M.A.L. (2023). Learning from functional disorders – from a feminist perspective and beyond. *Journal Psychosomatic Research*, 174, 111428. DOI:10.1016/j.jpsychores.2023.111428

David, J., Kroon Van Diest, A., Hatley-Cotter, A., Sanchez, R., & McKillop, H. (accepted). Clinical and ethical considerations of maladaptive social media use in pediatric patients

with disorders of gut brain interaction, *Clinical Practice in Pediatric Psychology*.

Winnick, J. B., David, J. G., Chancey, L., Buzenski, J., & Woika, S. (2023). Supporting Students with Inflammatory Bowel Disease in Schools. *Communique*, 52(3), 28-30.

David, J.G., Futornick, S., Mileti, E., Targownik, L.E., & Adler J. (accepted). LGBTQ+ Considerations in Pediatric IBD Care, *Journal of Pediatric Gastroenterology and Nutrition*.

Kalami, V., David, J.G., Futornick, S., Yeh, A.M. (accepted). Weighing the scales: Taking a balanced approach to diet therapies in pediatric inflammatory bowel disease (IBD), *Journal of Pediatric Gastroenterology and Nutrition*.

David, J.G., Dotson, J.L., & Mackner, L. (accepted). Is it 'all in the bag?' Multidisciplinary perspectives on ostomy surgery in pediatric IBD across the ImproveCareNow Learning Health System, *JPGN Reports*.

Sady, M., Coburn, S., Kramer, Z., Streisand R., & Kahn, I. (2023). Associations between executive functioning and adherence in pediatric celiac disease, *Children's Health Care*, DOI: 10.1080/02739615.2023.2259291

Turner, E., Rodriguez, K., Holbein, C., Fussner, L., Wilkes, C., Szabo, M., Baber, K., & Piccoli, D.: Enhancing biopsychosocial care for disorders of gut-brain interaction: 10-year growth of an integrated pediatric GI Psychology Program. *Clinical Practice in Pediatric Psychology* 11(4): 415-422, 2023.

Szabo, M.M., Nelson, C.I., Lilly, C.L., Manegold, M.M., Riedel, B.D., Rouster, A.S., & Duncan, C.L.: Sleep patterns, pain, and emotional functioning in youth with inflammatory bowel disease. *Clinical Practice in Pediatric Psychology* 12(1): 82-92, 2024.

New grant:

Beyond Celiac Early Career Grant (PI: Shayna Coburn, 11/1/2023 - 10/31/2025). *Integrating Gluten Immunogenic Peptide Testing into a Behavioral Intervention for Teens with Celiac Disease*



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<https://pgsig.weebly.com/>

Do you have a feature idea for an upcoming newsletter? Email the PG SIG secretary, Cat Naclerio, directly at Cathrine.Naclerio@childrenscolorado.org

Member Spotlight

Caroline Wilkes Psy.D. and **Betsy Turner, Ph.D.** received CHOP's **Joanne Decker Memorial Fund Awards** to implement a 2-part DEI wellness retreat with their GI Psychology team focused on developing/proposing universal screening tools of ACEs and SDoH in the GI division and improving training in family-based trauma informed care for pediatric GI conditions. The first day of the retreat was on 1/26 and we hosted 2 guest speakers and we plan to host another guest speaker on 6/7.

Education & Clinical Updates

PG-SIG is excited to continue to offer educational virtual meetings, **now on the first Thursdays of the month from 12:00-1:00 EST** — rotating monthly between **Clinical Case Conference** and **Journal Club**. The **PG SIG Journal Club** discusses recent journal articles that may be of interest to SIG members. The **Clinical Case Conference** will meet next on May 2nd, 2024.

Students/trainees are welcome! For questions about JC, contact Dr. Maggie Stoeckel (maggie.stoeckel@yale.edu) and for questions about the CCC, contact Dr. Jacklyn Stellway (stellway@ohsu.edu)

Journal Club & Clinical Case Conference
First Thursdays
12:00-1:00 EST

PG SIG Mentorship Program

In an effort to increase access to mentorship opportunities in the field of GI Psychology, the Pediatric Gastroenterology SIG is starting a mentorship program open to both trainees and faculty. This program is targeted to folks across the "lifespan" of career development, from early stages of training to later stages of licensure and practice.

Are you a trainee interested in learning more about GI Psychology? Are you a pre-doctoral intern hoping to receive mentorship related to career opportunities in GI?

Are you a licensed psychologist seeking advice at a turning point in your career?

If you are interested in participating in the program as either a **mentor** or a **mentee**, please complete the very brief survey below:

<https://forms.gle/HtZCdyEdCGHQzyT9>

Please feel free to reach out to Dr. Maggie Stoeckel with any questions!

On the Job Front

The Yale Child Study Center, in collaboration with the Section of Pediatric Gastroenterology & Hepatology, has an opening for a full-time **pediatric psychologist** to join our growing team of GI psychologists in YNHH Children's Hospital. For questions, email Maggie Stoeckel maggie.stoeckel@yale.edu.

Seattle Children's Hospital/Division of Gastroenterology & Hepatology Gut-Brain Health Program is looking for a full-time **GI Psychologist** to provide evaluation and treatment for children with a variety of disorders of gut-brain interaction as part of an interdisciplinary team. Please see the position posting (<https://careers-seattlechildrens.icims.com/jobs/51832/clinical-psychologist---gastroenterology/job>) for more details.