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SPRING NEWSLETTER 2023

PEDIATRIC GASTROENTEROLOGY SPECIAL INTEREST GROUP (PG SIG)

AN OFFICIALLY RECOGNIZED SIG WITHIN THE SOCIETY OF PEDIATRIC PSYCHOLOGY (DIVISION 54, APA)

Spring newsletter

2023

Message from our Co-Chairs

With SPPAC 2023 right around the corner, we are gearing up for an exciting conference full of the latest and greatest in Pediatric GI Psychology research, program development, and clinical care initiatives!

Our annual business meeting scheduled for **Tuesday, March 21st at 12:00pm EST** and will be held virtually via zoom (join us: <https://zoom.us/j/96212385460>). Our meeting will include updates from our MALs, open leadership positions, and the student poster award presentation. In line with this year's conference theme, *Pediatric Psychologists as Social Justice Change Agents Across Science, Practice, Training, and Policy*, we will have a lively panel presentation focused on *Diversity, Equity, Inclusion (DEI) and Anti-Racism Initiatives Across GI Systems*. We look forward to seeing some of you for an informal, in-person **social event at SPPAC** (drop in 6-7pm Friday 3/31; location TBD & announced at our business meeting).

This newsletter will highlight our open board positions, GI relevant presentations at the upcoming SPPAC, and a special write-up on *DEI and Anti-Racism Initiatives at the Children's Hospital of Philadelphia* written by Dr. Caroline Wilkes. We strongly encourage our members to consider nominating themselves for any of our open board positions.

We look forward to seeing many of you virtually at our meeting or in-person in Chicago!

Special topic: *Institutional Diversity, Equity, Inclusion (DEI) and Anti-Racism Initiatives*

CHOP — The social justice movement of 2020 awakened the U.S. to systemic racism, police brutality and health disparities. There has been call to action in several academic medical institutions to address disparities through antiracism education (Hassen et al., 2021). CHOP's Diversity, Equity and Antiracism Curriculum (2021) was developed by

the Diversity, Equity and Anti-racism (DEA) Curriculum Committee formed by volunteers from 15 divisions in the Department of Pediatrics. Rationale for the curriculum was to contribute to foundational knowledge and understanding of key concepts, corresponding best practices, to facilitate discussion, and to support self-reflection and



introspection among all CHOP division members. The goal of the committee was to create a curriculum for each division to share. The committee (which included 30 individuals) was divided into 5 teams who worked together to develop 7 sessions reflecting 5 topics: racism, microaggressions, health equity, white privilege, and allyship. The 8th

Continuation of CHOP Diversity, Equity, Inclusion (DEI) and Anti-Racism Initiatives

session, LGBTQ+ considerations, was included in the curriculum and developed by CHOP's LGBT+ Pride Employee Resource Group. Each team shared their final product with each of the 5 teams so that everyone could have access to the teaching material for all 8 sessions. Train-the-trainer sessions occurred, and a facilitator guide was created to contribute to dissemination of the curriculum across divisions. Our Gastroenterology (GI) division chief nominated me along with Nola Juste, MPH, clinical research manager, and Bridget Godwin, MD, a pediatric gastroenterologist, to join the CHOP DEA curriculum committee, support development of the curriculum, and facilitate curriculum dissemination in the GI Division. The curriculum was disseminated between August 2021 and March 2022. Moderators of the sessions varied in role within the GI division including behavioral health, medicine, social work, research, and administration. Session attendance ranged from 28-65 participants.

I contributed to the development of the DEA post-curriculum sur-

vey along with other members of the DEA curriculum committee. In GI, along with Nola Juste and Dr. Godwin, the DEA post-curriculum survey was implemented via Redcap in July 2022 to obtain constructive feedback, assess skill building, and guide future DEA efforts in the GI division. Results of the survey reflected implementation of the curriculum was acceptable within the GI division (86% felt the curriculum was "extremely valuable/valuable"), and supported foundational knowledge of cultural competencies, discourse among colleagues, and insight of biases. However, though participants expressed confidence in their ability to check their own biases, be an ally, and respond well to others' critiques, significantly fewer were confident that they would call out a colleague's anti-racist behavior.

Brave Spaces have been implemented since the inception of the GI DEI Committee in the fall of 2020. I serve as a co-leader of the GI DEI committee along with pediatric psychologist, Dr. Kari Baber, and GI psychology fellow,

Dr. Ari Romano-Verthelyi. To date, Brave Spaces have focused on response to current events, gun violence, police brutality, racism, microaggressions, and Antisemitism. DEA post-curriculum survey results reflected a desire for more discussion around uncomfortable topics in addition Brave Spaces. In addition to continued Brave Spaces, due to interest in concrete skill building of microaggressions, a journal club has been implemented. Given feedback from the DEA post-curriculum survey, both Brave Spaces and journal clubs focused on article discussions of microaggressions occur on a quarterly basis. All GI division members are welcome to participate.

Caroline Wilkes, Psy.D., M.A.

Hassen, N., Lofters, A., Michael, S., Mall, A., Pinto, A. D., & Rackal, J. (2021). Implementing Anti-Racism Interventions in Healthcare Settings: A Scoping Review. *International journal of environmental research and public health*, 18(6), 2993.

Paradies, Y., Truong, M., & Priest, N. (2014). A systematic review of the extent and measurement of healthcare provider racism. *Journal of general internal medicine*, 29(2), 364-387.

Pérez-Stable, E. J., & El-Toukhy, S. (2018). Communicating with diverse patients: how patient and clinician factors affect disparities. *Patient education and counseling*, 101(12), 2186-2194.

MAL Updates

Research

Celiac disease is now eligible for CMDRP research funding for FY2023, which includes a Lifestyle and Behavioral Health Interventions Research Award! [Details here.](#)

Please share any new grants, publications, and other good news with us so we can share it on our website's Research Spotlight.

The SIG is always pursuing ways to collaboratively contribute to science. Please reach out to Dr. Coburn (scoburn@childrensnational.org; MAL-

Research) with interest and ideas for manuscripts or grants.

Education & Clinical

Journal Club continues to meet regularly to discuss recent journal articles of interest to SIG members. Recent articles from *Journal of Pain* and *Journal of Pediatric Gastroenterology and Nutrition* related to long-term outcomes for pediatric chronic abdominal pain and multidisciplinary tiered care for rumination syndrome, respectively. Join us first **Mondays, 12:00-1:00 ET** every other month alternating with Clinical Case Conference.

Students/trainees are welcome! For questions email Dr. Rodriguez (MAL-Education; rodrigueka@chop.edu).

On the alternative months (**Mondays 12:00-1:00 ET**), join us for a Pediatric Psychogastroenterology **Case Conference**. Typically, an invited speaker presents a case that complements the prior Journal Club article and topic. We are also on the look-out for pediatric psychogastroenterology case presenters; please reach out to Dr. Nicolotti (MAL Clinical; lnicolot@wakehealth.edu) if you are interested.

Call for PG SIG board

Your current Board is seeking applications, including self-nominations, for open Board positions that will begin serving early summer 2023. Each position carries a 2-year term with a max of 2 consecutive terms.

To apply, please submit a brief description (paragraph or two) of why you are interested in the position and what you believe qualifies you for that position. Please consider serving our PG-SIG community and gaining leadership and service experience.

Nominations due by April 14, 2023, to

ebreed@emory.edu and
szabom@chop.edu

Full Board Member Descriptions:
<https://pgsig.weebly.com/board-members.html>

Secretary: Attend and take minutes at all board meetings; create and disseminate fall and spring PG-SIG newsletters.

Membership Coordinator: Maintain a list of current PG-SIG members; coordinate with leadership of Division 54 regarding membership.

Member-at-Large, Education: Advise the board on educational opportunities and opportunities for SIG members; coordinate journal club

Member-at-Large, Research: Serve as the liaison between members involved in research to

the PG-SIG; organize SPPAC poster award for trainees.

Member-at-Large, Clinical: Build opportunities for learning and collaboration around clinical development; coordinate case conference series

Technology (Social Media) Manager: Maintain the PG-SIG website; maintain PG-SIG Twitter and other social accounts

Student Representatives in areas of Education, Research, Clinical, and Technology (new!): We need student reps for each of these areas to work with faculty Board members.

SPPAC Student Poster Awardees — Thank you to all students and trainees who submitted their poster for consideration. This year, we are happy to announce one winner and two honorable mentions:

Winner:

Meghan Howe, Rosalind Franklin University of Medicine and Science:

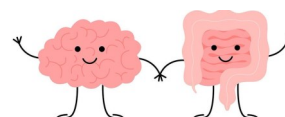
“Demographic reporting in pediatric GI psychosocial intervention research: Common problematic practices and implications for treatment”



Honorable Mention:

Cecelia Nelson, West Virginia University: *“Psychological factors associated with likelihood of non-adherence among adolescents with Inflammatory Bowel Disease”*

Abigail Robbertz, Georgia State University: *“Sleep problems in pediatric disorders of gut-brain interaction: A systematic review”*



We're excited for SPPAC 2023

Please join the Pediatric Gastroenterology Special Interest Group for our annual meeting via zoom on **Tuesday, March 21, 2023, at noon EST**. The outlook invitation was previously sent via listserv and the direct link is:

Join Zoom Meeting
<https://zoom.us/j/96212385460>

During our annual meeting, we will cover SIG business, discuss open positions and leadership opportunities, and hear from our student poster award winners.

In addition, we will host a panel of guest speakers to present on **Pediatric Psychologists as Social Justice Change Agents Across Science, Practice, Training, and Policy**, through a GI lens.

At SPPAC we hope you will join us for an informal PG SIG **social event**. The plan is for a drop in meet up **6-7pm Friday 3/31**, location TBD and will be announced at the annual meeting and in a follow up listserv email.



To see all SPPAC content:

<https://pedpsych.org/sppac-march-2023/>

Members may be interested in this SPPAC content:

Professional development seminar
 Friday 4:45 – 6 PM “Feeling Stuck? It’s Hard Treating Refractory Symptoms within Refractory System” – this workshop will be very GI heavy, led by Brad Jerson, Amy Hale, and Desiree Williford.

Poster session 1 – includes gastroenterology topics

Posters of interest across sessions:

Evaluating Referral Equity and Perceived Barriers to Behavioral Treatment of Rumination Syndrome in an Outpatient Subspecialty Clinic - Baber, Kari et al

Addressing Measurement Gaps in Disease-Specific Quality of Life: The CDLIFE for Celiac Disease - Coburn, Shayna et al

The Influence of Parent Illness Stigma, Illness Intrusiveness, and Overparenting on Youth Depressive Symptoms in Inflammatory Bowel Disease (IBD) - Edwards, Clayton et al

Assessing the Effects of Resilience and Coping on Quality of Life in Youth with Functional Abdominal Pain Disorders - Evans, Corrine et al

Addressing Food Insecurity among Medical Populations with Unique Dietary

Needs - Herbert, Linda et al
 Demographic reporting practices in pediatric GI psychosocial intervention research: Common problematic practices and implications for treatment - Howe, Meghan et al

Seeing Eye-to-Eye: Associations Between Adolescent-Caregiver Discordance on Reports of Pediatric Sleep, Demographic Characteristics, Anxiety, and Depressive Symptoms in Pediatric Inflammatory Bowel Disease - Inverso, Hailey et al

What patients experience and how healthcare professionals ask: An exploration of fatigue and sleep in pediatric IBD - Kamara, Dana et al

Examining physical limitations in relationship to pain severity and frequency in adolescents and caregivers of youth with gastrointestinal disorders - Kesner, Nicole et al

Demographic Reporting in Pediatric Psychological GI Transition Research: An Overview and Areas For Improvement - Lampert-Okun, Sara et al

Psychological factors associated with likelihood of non-adherence among adolescents with Inflammatory Bowel Disease - Nelson, Cecilia et al

Illness Stigma, Thwarted Belongingness, and Suicidal Ideation in Youth with Inflammatory Bowel Disease (IBD) - Parker, Colton et al

Heart rate variability biofeedback enhanced CBT for adolescents with IBD: A pilot virtual clinical trial - Reed, Bonney et al

Sleep Problems in Pediatric Disorders of Gut-Brain Interaction: A Systematic Review - Robbertz, Abigail et al

A Systematic Review of the Relationship Between Food Insecurity and Parent Feeding Practices - Gonzalez, Rachel et al

Examining Associations Between Felt Stigma and Pain-Related Outcomes in Children with Chronic Functional Gastrointestinal Pain - Adetayo, Tolu et al

Medical provider perspectives on healthcare transition procedures across pediatric subspecialty clinics - Wagoner, Scott et al

What does it mean to have true patient engagement? conceptualizing successful patient engagement in learning health systems (specific to ImproveCareNow/IBD patient engagement) - David, Jennie et al



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[HTTPS://PGSIG.WEEBLY.COM/](https://pgsig.weebly.com/)

Do you have a feature idea for an upcoming newsletter? Email the PG SIG secretary, Jacklyn Stellway, directly at stellway@ohsu.edu



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David, J.G., Kiely, J., Kersten, K. B., & Bennett, D. S. (2022). The development of an adherence measure for pediatric Failure to Thrive/Faltering Growth, *Clinical Practice in Pediatric Psychology*, 10(4), 362-371. DOI: <https://doi.org/10.1037/cpp0000466>.

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On the Job Front

Connecticut Children's is excited to recruit for a **Pediatric Psychologist** to join our **Program for Pediatric Psychogastroenterology**. The new full-time pediatric psychologist will join a diverse and vibrant interdisciplinary team and will be dedicated to expanding embedded Pediatric Psychogastroenterology services within Connecticut Children's outpatient clinic network. For more information about this position, please contact Brad Jerson at BJerson@connecticutchildrens.org

The Yale Child Study Center invites applicants for three full-time pediatric psychologist positions; for the Sections of **Hematology and Oncology, Gastroenterology and Hepatology, and Orthopedics and Rehabilitation**. For **Gastroenterology**: apply at <https://apply.interfolio.com/110141>. For more information contact Maggie Stoeckel maggiearnold08@gmail.com