



Digest

Newsletter, April 2021

Pediatric Gastroenterology Special Interest Group, APA DIV54

A Message from Our Co-Chairs

Hi Pediatric GI SIG!

vSPPAC is right around the corner, and we hope to see you all next week at our business meeting scheduled for **Thursday, April 8th at 6:30 CST**. We have a busy schedule including membership updates, open leadership positions, and topical breakout groups to address interests for our students, clinicians, and faculty! Thank you to those members who have responded to our membership and breakout group interest surveys. The information each of you provide helps us offer more relevant information and programming for the SIG. The newsletter will highlight our SIG meetings activities and GI relevant presentations at the upcoming vSPPAC. We look forward to seeing you all virtually next week!

Cindy and Lindsey

Co-Chairs

PG-SIG Leadership

Co-Chairs

Lindsey Burrell, PhD
Emory University School of Medicine
Cindy Kim, PhD, ABPP
Children's Hospital of Orange County

Past Co-Chairs

Christina Low Kapalu, PhD
Children's Mercy Kansas City
Laura Slosky, PhD
Children's Mercy Kansas City

Secretary

Margo Szabo, PhD
Children's Hospital of Philadelphia

Membership Coordinator

Jaclyn Shepard, PsyD
UVA School of Medicine

At-Large Members

Kari Baber, PhD - Education
Children's Hospital of Philadelphia
Shayna Skelley Coburn, PhD -
Research
Children's National Health System
Brad Jerson, PhD – Clinical
Connecticut Children's Medical Center

Student Representatives

Caroline Roberts, MS
Oklahoma State University
Marissa Koven, BA
DePaul University

SAVE THE DATE FOR NASPGHAN 2021



Abstracts now being accepted until June 1:

<https://naspghan2021.abstractcentral.com/login>

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SPOTLIGHT ON vSPPAC 2021

Below is a list of SPPAC presentations that may be of interest to the PG-SIG membership. Please note, this is not an exhaustive list of all presentations focused on pediatric GI conditions and readers are encouraged to refer to the official conference program for more details:

<https://societyofpediatricpsychology.org/sites/default/files/files/SPPAC-Program-2021.pdf>

Thursday, April 8

4:45-5:45 PM (CST): Poster Session #1

#4 *Pain, Pain Catastrophizing and Poorer Quality of Life Among Youth with Median Arcuate Ligament Syndrome (MALS).* Estée Feldman, Tina Drossos, Christopher Skelly, Grace Mak & Colleen Stiles-Shields.

#19 *A Systematic Review of Family Functioning in Pediatric Functional Gastrointestinal Disorders.* Katlyn Garr, Cathleen Odar Stough & Julianne Origlio.

#22 *Illness Intrusiveness and Anxiety in Caregivers of Youth with Inflammatory Bowel Disease: The Role of Functional Disability.* Clayton Edwards, Marissa Baudino, Caroline Roberts, Nathan Basile, Gabe Cochran, Jeanne Tung, Noel Jacobs, Larry Mullins & John Chaney.

#23 *Body Image Dissatisfaction, Illness Intrusiveness, and Depressive Symptoms in Youth with Inflammatory Bowel Disease.* Mary Kate Dykes, Clayton Edwards, Marissa Baudino, Rachel Meinders, Caroline Roberts, Jeanne Tung, Noel Jacobs, Larry Mullins & John Chaney.

#24 *Parent Depressive Symptoms, Child Discipline, Youth Response to Stress, and Youth Depressive Symptoms in Pediatric Inflammatory Bowel Disease.* Rachel Meinders, Marissa Baudino, Mary Kate Dykes, Clayton Edwards, Caroline Roberts, Kaitlyn Gamwell, Noel Jacobs, Jeanne Tung, Larry Mullins & John Chaney.

#26 *Disease Severity Moderates the Relation Between Parent Anxiety, Youth Worry, and Youth Depressive Symptoms in Pediatric IBD.* Caroline Roberts, Clayton Edwards, Marissa Baudino, Kaitlyn Gamwell, Rachel Meinders, Reilly Peace, Jeanne Tung, Noel Jacobs, John Grunow, Larry Mullins & John Chaney.

#35 *Insight into the Pediatric Patient Experience with Nonalcoholic Fatty Liver Disease.* Sanita Ley, Katherine M Kidwell, Tori R Van Dyk, Sarah Orkin, Cathy Odar Stough, Taylor Howarth, Stavra Xanthakos, Kristim Bramlage, Marialena Mouzaki, Ana Catalina Arce-Clachar & Meg H. Zeller.

#36 *Individual Characteristics Predicting Body Image Dissatisfaction in Youth with Inflammatory Bowel Disease.* Grace Cushman, Sharon Shih, Mary Gray Stolz, Kelly Rea & Bonney Reed.

#65 *The Impact of Pediatric Food Allergy on Children's Feeding.* Kaitlin Proctor, Hayley Estrem, Jinhee Park, Katherine Tison, William Sharp & Brian Vickery.

#85 *Parental Experience of Encopresis Treatment: A Qualitative Study.* Elise Cohen, Hilary Vidair, Faithlynn Morris & Megan Moxey.

#92 *Overlap and Differences in Clinical Presentation Between Pediatric Avoidant-Restrictive Food Intake Disorder and Gastrointestinal-Related Somatic Symptom Disorders.* Katelynn Boerner, Jennifer Coelho, Fiza Syal, Deepika Bajaj, Natalie Finner & Amrit Dhariwal.

6:00-7:00 PM (CST): Poster Session #2

#22 *The Impact of COVID-19 on Children with Gastrointestinal Conditions.* Abigail Robbertz, Lindsey Cohen & Lisa Armistead.

#26 *Disparities in Diagnosis and Disease Burden in Children with Median Arcuate Ligament Syndrome.* Sylwia Osos, Colleen Stiles-Shields, Grace Zee Mak, Christopher L. Skelly & Tina Drossos.

#48 *Associations Between Perceived Disease Severity and Parent Anxiety in Gastrointestinal Food Allergies During the COVID-19 Pandemic.* Kelsey Hill, Natalie Bisignano, Malika Gupta and Catherine Peterson.

**PG-SIG Student Poster Award winner; Kelsey will present at the PG-SIG meeting.*

#59 *Perceived Stigma, Illness Intrusiveness, and Depressive Symptoms in Parents of Youth with Inflammatory Bowel Disease (IBD): The Moderating Effect of Mindfulness.* Marissa Baudino, Caroline Roberts, Clayton Edwards, Kaitlyn Gamwell, Mary Kate Dykes, Noel Jacobs, Jeanne Tung, John Grunow, Larry Mullins & John Chaney.

#71 *Adherence to A Mixed In-Person/Web-based CBT Intervention for Youth with Chronic Pain and Anxiety: Implications in the Time of COVID-19.* Alaina Miller, Samantha Ely, Natoshia Cunningham & Brittany Barber Garcia.

#77 *Assessing Parental Self-Efficacy and Stress Over the Course of an Intensive Inpatient Multidisciplinary Program for Pediatric Feeding Disorders.* Melanie Fox, Cindy Kim & Elisa Ornelas.

6:30-7:30 PM (CST): PG-SIG Annual Meeting

Meeting agenda includes:

1. Discussion of open PG-SIG board positions
2. Results of PG-SIG membership survey
3. PG-SIG student poster award presentation
4. Three break-out discussion groups:
 - a. *Careers in GI* moderated by Dr. Cindy Kim and Dr. Bonney Reed
 - b. *Developing Training Programs in GI* moderated by Dr. Anthony Alioto and Dr. Amanda Stone
 - c. *Interdisciplinary Clinics* moderated by Dr. Christina Low Kapalu and Dr. Jaclyn Shepard

Friday, April 9

10:15-11:15 AM (CST): Plenary Address

Weight Stigma in Youth: Nature, Consequences, and Implications for Clinical Practice.

Presenter: Rebecca Puhl, PhD

3:45-4:45 PM (CST): Poster Session #3

#19 *Adapting Medical Desensitization for Children with Feeding Tube Procedural Distress Through a Telehealth Platform.* Brooke Herd, Danielle Cooke, Morgan Bifano, Keith Slifer & Valerie Paasch.

#33 *Sleep Patterns and Associated Factors in Children and Adolescents with Inflammatory Bowel Disease.* Cecelia Nelson, Margo Szabo, Christa Lilly, Ellen Manegold, Brian Riedel, Audra Rouster & Christina Duncan.

#36 *Telehealth and Accessing Long-Awaited Feeding Treatment: A Case Study.* Sharnita Harris & James Mulick.

#49 *Quality of Life in Universal Screening-Identified Pediatric Celiac Disease.* Camryn Slosky, Tiffany Phu, Marisa Stahl, Edwin Liu, Rebecca Guigli & Monique Germone.

#68 *Poop School in a Pandemic, Progress or Pandemonium: Feasibility and Initial Outcomes of Virtual Group Treatment for Functional Constipation.* Taylor N. Stephens, Katherine Lamparyk & Lisa Feinberg.

#71 *Identifying Systemic Healthcare Disparities for Ethnic Minority Youth in a Pediatric Weight Management Clinic.* Will Anastasiadis, Ashley Bazier, Elaine Gilbert, Katherine Schwartzkopf & Sara Naramore.

#84 *Parental Experience of Encopresis: A Qualitative Study.* Elise Cohen.

OPEN PG-SIG BOARD POSITIONS

The PG-SIG leadership board has openings for 4 current positions and 2 new positions, Technology Manager and Student Representative for Education. Please see below for descriptions of each position.

To nominate a candidate (must be a PG-SIG member), send an email with the word “Nomination” in the subject line and a brief statement of interest to Lindsey Burrell (Lindsey.Burrell@choa.org) and Cindy Kim (CKim@choc.org). Nominations must be received by Friday, April 16. Self-nominations are encouraged.

Co-Chair Elect

The Chair-elect shall be a member of the PG-SIG who is elected by the membership for a term of 6 years, during which time he/she will serve for 2 years as Chair-elect, Chair, and past-Chair, respectively. As Chair, the individual will lead the PG-SIG by assuming ultimate responsibility for all ongoing programs, leading the development of new directions, maintaining a positive relationship with the parent organization (SPP), speaking for the PG-SIG in personal and public communication, and appointing all committees, liaisons, and other offices of responsibility. S/he shall be the chairperson of the board of directors, preside at all meetings and perform all other usual duties of a presiding officer. Other specific duties include overseeing the planning of PG-SIG activities (e.g., group-sponsored activities at conferences and workshops), organizing the annual meeting for the entire membership to coordinate with the SPP national conference, coordinating quarterly teleconference board meetings, maintaining a dedicated listserv, and overseeing communication with the membership about PG-SIG activities and opportunities through the website, listserv, and newsletters. Several duties begin during the Chair-elect year and extend through the Chair year. The past-Chair leads the committee on nominations and elections and nomination and review committees for several awards among other duties during the final year of the term.

Member at Large, Clinical

The Member at Large, Clinical (MAL-C) shall be a member of the PG-SIG who is appointed by the Chair for a term of 2 years. During his/her term, s/he shall be a member of the PG-SIG board of directors with the right to vote. The MAL-R shall serve as the liaison between members involved in clinical work to the PG-SIG board; work with members involved in clinical activities to strengthen communication and build opportunities for collaboration and mutual learning among these members; be responsible for regularly monitoring publications (including journal manuscripts and books) for relevant information on clinical program development, service provision, billing issues, etc. that may be appropriate for dissemination in the PG-SIG newsletters; work collaboratively with other board members to advance development, knowledge, and use of evidence-based assessment and treatment practices in pediatric gastroenterology conditions.

Member at Large, Education

The Member at Large, Education (MAL-E) shall be a member of the PG-SIG who is appointed by the Chair for a term of 2 years. During his/her term, s/he shall be a member of the PG-SIG board of directors with the right to vote. The primary role of the education board member is to advise the board on educational interests of and opportunities for SIG members. Responsibilities include regular attendance at board meetings, communicating with the membership about opportunities for informal and formal (CE) educational experiences within the SIG, and discussing future opportunities for education (e.g., development of online learning resources, collaboration with other SIG members, and opportunities for students). Future projects will likely include development of an APA video lecture series, online shared resources (e.g., training modules), and a students' online forum.

Student Representative, Education

The Student Representative, Education (Student Rep-E) shall be a student member of the PG-SIG who is appointed by the Chair for a term of 2 years. During his/her term, s/he shall be a member of the PG-SIG board of directors with the right to vote. The primary role of the Student Rep-E is to collaborate with the MAL-E on advising the board on educational interests of and opportunities for SIG members. Responsibilities include regular attendance at board meetings, communicating with the membership about opportunities for informal and formal educational experiences within the SIG, and discussing future opportunities for education (e.g., development of online learning resources,

collaboration with other SIG members, and opportunities for students). Future projects will likely include development of an APA video lecture series, online shared resources (e.g., training modules), and a students' online forum.

Secretary

The Secretary shall be a member of the PG-SIG who is appointed by the chair (or co-chairs) for a term of 2 years. Responsibilities include attending and contributing to remote board conference meetings and the in-person meeting at SPPAC as well as taking minutes of these meetings and distributing minutes to the board. Additionally, the Secretary will create and disseminate the internal and external newsletters of the PG-SIG. This includes editing material compiled by the board and SIG members, ensuring accuracy of board member list and functionality of embedded web links, and formatting the content in a visually appealing manner. The Secretary will also work collaborating with other board members on special projects related to the SIG as they arise.

Technology Manager

The Technology Manager shall be a member or student member of the PG-SIG who is appointed by the chair (or co-chairs) for a term of 2 years. During his/her term, s/he shall be a member of the PG-SIG board of directors with the right to vote. Primary responsibilities will involve maintaining the PG website with changes in leadership, board descriptions and adding bi-annual newsletters. The technology manager will also collaborate with the MAL's and Student Representatives to receiving research, clinical, and educational information relevant to PG to add to the website.

JOB POSTING

Pediatric Psychologist at Columbia University Irving Medical Center

The Department of Pediatrics at Columbia University Irving Medical Center is seeking a full-time clinical psychologist to join our team. This position will support both the Division of Pediatric Gastroenterology, Hepatology & Nutrition and the Division of Pediatric Allergy & Immunology. The Division of Gastroenterology, Hepatology & Nutrition provides comprehensive outpatient and inpatient care for a broad range of gastrointestinal diseases including disorders affecting the brain-gut axis. The Division of Allergy & Immunology provides outpatient and inpatient services for children diagnosed with allergic diseases of all sorts, including food allergy, as well as immune deficiencies and immune dysregulation. We have robust clinical and research endeavors, crossing genetics, immunology, and clinical science. The clinical psychologist, with a dual appointment in the Departments of Pediatrics (Divisions of Gastroenterology, Hepatology and Nutrition and Allergy and Immunology) and Psychiatry, will develop psychosocial and clinical programming, screening, and research within outpatient services. The psychologist will collaborate with multidisciplinary medical, psychiatry consultation-liaison, psychosocial, and integrative therapy teams. The overall responsibility distribution is 80% clinical and 20% research and teaching with responsibilities equally shared in both Divisions. Please apply at: <https://pa334.peopleadmin.com/postings/5978>

ON THE TRAINING FRONT: FELLOWSHIP ANNOUNCEMENT

Yale Child Study Center Pediatric Psychology Postdoctoral Fellowship

The Yale Child Study Center, in collaboration with Yale New Haven Children's Hospital, is offering a full-time Pediatric Psychology Postdoctoral Fellowship position for the 2021-2022 training year. Clinical training activities will take place within the pediatric floors, our inpatient psychiatric unit, the pediatric emergency room, several ambulatory specialty clinics, and the Child Study Center's outpatient clinical services. Fellows have the option to rotate through GI based on interest. Didactics include: Fellows Seminar, Clinical Supervision, Clinical Supervision, and Departmental Conference.

Application Procedures: 1. Submit a letter of interest, including a description of eligibility for post-doctoral fellowship (i.e. internship completion date, dissertation status). 2. Curriculum Vitae 3. Three letters of reference 4. Written Work Sample: Comprehensive Psychological Assessment Report. Review of applications will begin immediately and continue until the position is filled. The preferred start date is July 1, 2021, with flexibility to start in August.

Submit your application materials to our administrative assistant: Tasha.Brooks@yale.edu. Questions can be directed to Dr. Maggie Stoeckel at maggie.stoeckel@yale.edu.

CLINICAL UPDATES

The new series, “Best Practices in Pediatric Psychogastroenterology” has been a success and well attended. Thus far, we have had two presentations on Pediatric Constipation and Encopresis by Dr. Low Kapalu and Irritable Bowel Syndrome by Dr. Kari Baber. These video links have been posted on the PG-SIG website. Our next session will feature Dr. Sally Tarbell discussing Nausea & Vomiting on Friday May 7, 2021 12-1 PM EST. Check your e-mail in the PG-SIG and Div 54 listserv for invitation details.

In collaboration with the ROME Psychogastroenterology Section, we are excited to announce the offering of a peer consultation group for practitioners providing services specifically to PEDIATRIC and YOUNG ADULT patients diagnosed with gastrointestinal conditions. We invite interested clinicians at all stages of their career to join this group! Please note that this is not a supervision group and therefore does not replace required supervision requirements. We will be meeting the first Wednesday of every month from 3-4 p.m. (EST), beginning on May 5th and participants who sign up will receive a link to join.

Please e-mail Brad Jerson at BJerson@connecticutchildrens.org if you're interested in participating.

EDUCATIONAL/TRAINING OPPORTUNITIES

The Rome Foundation GastroPsych Section now offers on-demand training in **Hypnosis** and **Basic Skills in GI Psychology**. Student rates are available.

<https://theromefoundation.org/rome-gi-psych-committee/>



About Communication Programs Research Working Teams & Committees GastroPsych Rome IV & Criteria Resources



Register for On-Demand Hypnosis Techniques Training

Register for On-Demand Basic Skills Training

Search the GastroPsych Directory

GastroPsych Membership Directory Signup

Laurie Keefer, PhD. discusses Rome's GastroPsych Section

Download the GastroPsych Referral Project Brochure

GastroPsych Peer Consultation Group Survey

Psychology graduate students applying for internship and fellowship, remember to check out the Training Sites directory on the PG-SIG webpage: <https://pgsig.weebly.com/training--continuing-education.html>



The International Association for Pediatric Feeding and Swallowing presents a series of live webinars. Dates and times vary to accommodate members in different time zones. Please reach out to the International Association of Pediatric Feeding and Swallowing (IAPFS) admin@iapfs.org or Colleen Lukens lukens@email.chop.edu with any questions. Check out the schedule below:

Saturday, May 8th 11:00 am – 12:00 pm EST (8:00 am – 9:00 am PST): Current Research

Tuesday, May 11th 7:30 pm – 9:00 pm EST (4:30 pm – 6:00 pm PST): Telehealth

Thursday, May 20th 5:00 pm – 6:00 pm EST (2:00 pm – 3:00 pm PST): Parent-Child Feeding Dynamic

Wednesday, May 26th 3:00 pm – 4:00 pm EST (12:00 pm – 1:00 pm PST): IDDSI

Monday, June 7th 12:00 pm – 1:00 pm EST (9:00 am – 10:00 am PST): Research Challenges

Registration Rates: IAPFS Member- \$99; Non-Member- \$150; Student Non-Member- \$30; IAPFS Student Member- FREE

NEW RESEARCH

Check out some of the great research our PG-SIG members have been busy disseminating.

Owusu, J.T., Sibelli, A., Moss-Morris, R., van Tilburg, M.A.L., Levy, R.L., Oser, M. (2020). A Pilot Feasibility Study of an Unguided, Internet-Delivered Cognitive Behavioral Therapy Program for Irritable Bowel Syndrome. *Neurogastroenterology and motility*, in press.

Kim, C., Brown, S., Brown, J., & Ornelas, E. (2021). Long-term Outcomes of Children With Pediatric Feeding Disorders Treated in an Inpatient Multidisciplinary Program. *Journal of Pediatric Gastroenterology and Nutrition*, 72(3), 388-391. doi: 10.1097/MPG.0000000000002977

Lamparyk, K., Burkhart, K., Buzenski, J., van Tilburg, M.A.L. (2020). Challenges and Opportunities in Measuring Pediatric Quality of Life: Exemplified by Research in Pediatric Gastroenterology. *Expert Review of Pharmacoeconomics & Outcomes Research*, 14(11), 1061-1067. doi: 10.1080/17474124.2020.1806055

van Tilburg, M.A.L., Edlynn, E., Maddaloni, M., van Kempen, K., Diaz-Gonzalez de Ferris, M., Thomas, J. (2020). High levels of stress due to the SARS-CoV-2 pandemic among parents of children with and without chronic conditions across the USA. *Children*, 7(10), 193. doi.org/10.3390/children7100193

van Tilburg, M.A.L. (2020). Psychogastroenterology: A Cure, Band-Aid, or Prevention? *Children*, 7(9), E121. doi: 10.3390/children7090121.

