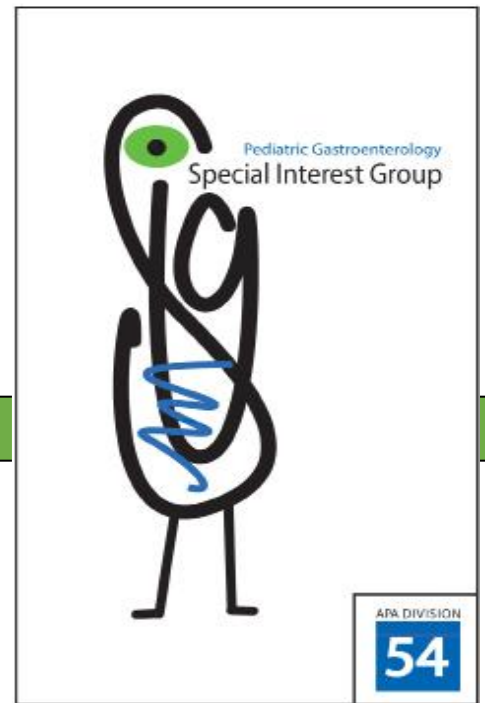


Digest

Newsletter, October 2021

Pediatric Gastroenterology Special Interest Group, APA DIV54



A Message from Our Co-Chairs

Hi Pediatric GI SIG!

We are honored to represent the PG-SIG as the Co-Chairs and are grateful for everyone's interest and dedication to improving the practice and science of PG psychology through this SIG group. With over 150 registered members, our PG SIG stands strong and committed to expanding the field of Pediatric Gastroenterology.

Some of the notable accomplishment of our SIG 2020—2021 leadership included updating our PG SIG website and improving membership tracking. Our wonderful student representatives updated our resources tab to ensure updated and current information was available regarding clinical, research, and training/educational resources. They also updated our SIG activities tab to ensure accurate and timely information to support our members regarding journal club and other relevant presentations. To address the growing need for social media and online presence, we successfully recruited a Technology Manager to support the SIG with maintaining the PG website and to collaborate with the Member at Large's (MAL's) and Student Representatives to ensure updated research, clinical, and educational information relevant to PG is uploaded to our website. We also conducted a membership tracking survey to gather information about our members to guide future SIG group activities. Lastly, the SIG was successful in continuing with a student poster award and student poster awardee oral presentation at SPPAC 2021.

We also recruited some new board members this past year who will serve a 2-year term in their positions. We are so grateful for the overwhelming interest in participating, improving, and growing our SIG, and are excited to welcome the following members to their new roles:

Bonney Reed – Co-Chair Elect

Margo Szabo – Co-Chair Elect

Jacklyn Stellway – Secretary

Kelly Rodriguez – Member at Large (MAL) – Education

Linda Nicolotti - Member at Large (MAL) – Clinical

Jessica Buzenski – Technology manager

Ari Romano-Verthelyi – Student Representative – Education

The following board members will be continuing their positions for the next 2 years:

Shayna Coburn - Member at Large (MAL) – Research

Jaclyn Shepard – Membership Coordinator

Marissa Koven – Student Representative – Clinical

Caroline Roberts – Student Representative - Research

We also want to take a moment to thank your outgoing board members for their commitment and work in their roles on the PG SIG board. The outgoing board members are:

Brad Jerson – MAL – Clinical

Kari Baber – MAL -Education

Margo Szabo - Secretary

Our outgoing MAL leaders, Brad Jerson, PhD and Kari Baber, PhD did a phenomenal job of coordinating and facilitating our quarterly clinical and educational journal clubs. Thank you for all of your hard work!

We appreciate the opportunity to continue to serve in this role and are excited to welcome incoming co-chairs who will be transition to the co-chair role in the spring. We would also like to thank all board members and student representatives for their hard work and dedication to this SIG. We look forward to seeing you at SPPAC this upcoming spring.

Cindy and Lindsey
Co-Chairs

Membership announcement:

SPP Special Interest Groups have a new website for member lists. Please remember to **renew** your membership and when you do so, **check** that you are on the official PG SIG member list (if SPP membership lapses, SIG membership will lapse) [Join The Society of Pediatric Psychology - Division 54 \(pedpsych.org\)](http://pedpsych.org)

Meet our Co-Chair Elects



Bonney Reed, PhD

Title: Assistant Professor of Pediatrics, Division of GI

Institution: Emory University School of Medicine and Children’s Pediatric Institute

Clinical Areas: Inflammatory bowel diseases and family interventions

Research Interests: Psychophysiological factors associated with mental and physical outcomes in patients with IBD



Margo Szabo, PhD

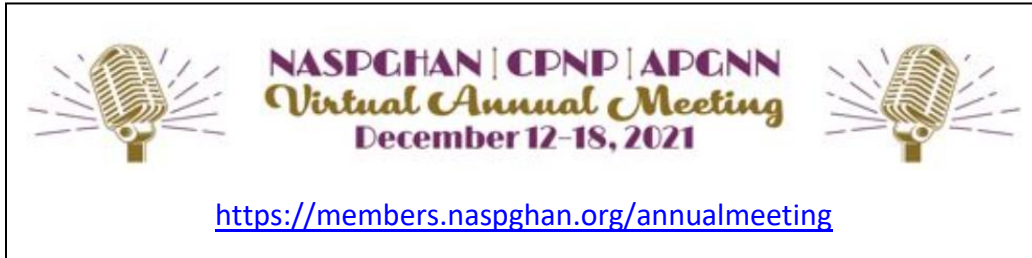
Title: Pediatric Psychologist

Institution: Children’s Hospital of Philadelphia

Clinical Areas: Disorders of Gut-Brain Interaction, Eosinophilic Esophagitis, Celiac Disease

Research Interests: Psychosocial factors impacting adjustment to GI disorders, interplay between sleep and health outcomes

SPOTLIGHT ON NASPGHAN CONFERENCE 2021



Below are presentations that may be of particular interest to PG-SIG members. Please refer to the official conference program for updated dates/times in the virtual format, and for all GI psychology-related content.

Single Topic Symposium - Sunday, December 12

Pediatric Aerodigestive Medicine: Advancing Collaborative Care

11:05-11:35 AM Interactive Concurrent Sessions

Medical and psychological interventions for functional aerodigestive disorders: Rumination, vocal cord dysfunction, habitual cough

Anil Darbari, MD, MBA, Children's National Medical Center and [Jennifer Verrill Schurman, PhD, ABPP](#), Children's Mercy Hospital

Annual Meeting - Monday, December 13

3:00 PM - 4:30 PM Concurrent session II

Trip, stumble, but didn't quite fall: Obstacles and challenges in the care of child with IBD

3:00 PM False health information: How does it spread and how can it be stopped

[Miranda van Tilburg, PhD](#), Campbell University

APGNN Program - Friday, December 17

Session III: Inflammatory bowel disease

11:30 AM Mental health screening in IBD: The what, the how, and the why

[Michele Maddux, PhD](#), Children's Mercy Kansas City

Check online for rescheduling for virtual:

Transition of care

Jeannie Huang, MD, MPH, UCSD/Rady Children's Hospital

Jennifer Vittorio, MD, Morgan Stanley Children's Hospital of New York

[Michele Maddux, PhD](#), Children's Mercy Kansas City

Psychological interventions for GI

Christopher Hayes, MD, St Mary's

Jeanne Tung, MD, Oklahoma University Children's Hospital

[Kari Baber, PhD](#), Children's Hospital of Philadelphia

School Reintegration in Pediatric IBD: Steps for Success and Accommodations

[Michele Maddux, PhD](#), Children's Mercy Kansas City

Currently, 20 psychologists are members of NASPGHAN! We encourage other psychology colleagues in PG-SIG to join the NASPGHAN organization and specific committees. For questions, please contact the psychosocial representatives on the NASPGHAN planning committee, Drs. Michelle Maddux (mhmaddux@cmh.edu) and Amanda Drews (addeacy@cmh.edu).

SPOTLIGHT ON IMPROVE CARE NOW



This recent conference has presentations that may be of interest to PG-SIG members. Please refer to the official conference web page to access recorded presentations.

Thursday, September 30 – Live Online Community Conference

12:40 pm EST

Community Proposed Breakouts

Together While Apart—Building Community Remotely—A Success Story Local Center of Co-Production

I. Rachel Bensen, Garret Forshee, Inbal Kavalier, Nicole Neiman, [Anava Wren](#)

II. Jill Horan, Esther Israel, Jess Kaplan

Psychosocial: Improving Fatigue and Sleep Difficulties in Pediatric IBD: What Is Known and Future Directions

Sabina Ali, [Jennie David](#), Mahalakshmi Parakala, Nour Al-Timimi

3:15 pm EST

Psychosocial: A Complex Relationship with Body, Weight, and Food: Body Image and Disordered Eating Behaviors in Pediatric IBD

Kimberly Braly, [Jennie David](#), Madeline Guerra, Samantha Hefner, Hannah McKillop, Maddie Huwe, Mary King, Nicole Weyer

Friday, October 1 – Live Online Community Conference

12:45 pm EST

Social Work and Psychosocial Professionals (SWAP)

[Jennie David](#), [Noel Jacobs](#)

2:00 pm EST

Psychosocial: A Look at the Future of Psychosocial Screening and Ways to Cultivate it at Your Center

[Laura Mackner](#), [Michele Maddux](#), [Bonney Reed](#), [Brandi Whitaker](#), [Becky Woolf](#)

PG SIG JOURNAL CLUB

The **PG-SIG Journal Club** will be resuming monthly meetings on first Mondays of the month, starting Monday October 4th, 12-1pm Eastern. We will be seeking involvement from PG-SIG members in monthly article selection and facilitation. Check your email from PG-SIG listserv for details on how to get involved and the monthly invitations!

Beginning in November, we invite PG-SIG members to volunteer to select an article and facilitate the discussion for one month's journal club. The volunteer facilitator(s) could be either a psychologist/faculty, a student/trainee co-facilitating with a mentor/supervisor from their institution, or a student/trainee paired with one of us as a co-facilitator. We hope this will be an appealing way to increase student/trainee involvement in our monthly PG-SIG Journal Clubs and to facilitate GI Psychology connections across institutions at various stages of education/training and career. Please email Ari (ari.romano-verthelyi@uconn.edu) and Kelly (rodrigueka@chop.edu) if you are interested in signing up for facilitating for November or December. Please also be in touch with any questions/ideas.

ROME FOUNDATION CLINICAL & EDUCATIONAL OPPORTUNITIES

The Rome Foundation and the Pediatric Gastroenterology Special Interest Group will be collaborating to present a **clinical education series** comprised of six pediatric-oriented topics in 2022. Continuing education credits are expected to be offered for these one-hour learning opportunities. Topics are anticipated to include the biopsychosocial model of Disorders of Gut-Brain Interaction (DGBI), neuromodulators for DGBI, feeding disorders, Inflammatory Bowel Disease transition from pediatric to adult care, and evidence-based psychological interventions for functional abdominal pain. Speakers, facilitators, and dates will be determined in the near future. Look for upcoming announcements regarding updates and additional information.

<https://theromefoundation.org/rome-gi-psych-committee/>

The screenshot shows the homepage of the Rome Foundation GastroPsych website. At the top left is the Rome Foundation logo. To the right are icons for Online Store, Rome Campus, Register Now, and Copyright & Licensing. Below these is a navigation menu with links: About, Communication Programs, Research, Working Teams & Committees, GastroPsych, Rome IV & Criteria, and Resources. The main heading reads "ROME FOUNDATION GastroPsych" with a stylized brain icon. Below the heading are seven orange buttons: "Register for On-Demand Hypnosis Techniques Training", "Register for On-Demand Basic Skills Training", "Search the GastroPsych Directory", "GastroPsych Membership Directory Signup", "Laurie Keefer, PhD, discusses Rome's GastroPsych Section", "Download the GastroPsych Referral Project Brochure", and "GastroPsych Peer Consultation Group Survey".

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In collaboration with the ROME Psychogastroenterology Section, you are welcome to join existing **peer consultation groups** for practitioners providing services specifically to **pediatric and young adult** patients diagnosed with gastrointestinal conditions. Clinicians at all stages of their career are welcome to join this group! Please note that this is not a supervision group and therefore does not replace required supervision requirements. The group meets the first Wednesday of each month from 3-4 p.m. (EST).

If you are interested in participating, e-mail Brad Jerson at BJerson@connecticutchildrens.org and you will receive the virtual meeting link.

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Various other educational programs are available through the ROME Foundation's GastroPsych Section for on-demand training opportunities (student rates available), including:

- **Back to School with Disorders of Gut-Brain Interaction** – This is a **new** 4-part webinar series, in collaborative partnership between the Rome Foundation's Gastropsych Section & Creative Healing for Youth in Pain, an online nonprofit for teens with chronic pain and their parents.
- **Basic Skills in GI Psychology**
- Training in **Hypnosis**
- See web page for other programs

Register now for on-demand access or share this announcement with others who care for youth with DGBIs/FGIDs! <https://theromefoundation.org/rome-gi-psych-committee/>

APA-approved CE credits and AMA-approved CME credits are available

SPOTLIGHT ON NEW RESEARCH

Editorial: Integrated Multidisciplinary Treatment for Pediatric Inflammatory Bowel Disease by Wren, A., & Maddux, M. *Children* Special issue "Integrated Multidisciplinary Care for Pediatric Inflammatory Bowel Disease: Supporting Disease and Psychosocial Outcomes"

https://www.mdpi.com/journal/children/special_issues/Pediatric_Inflammatory_Bowel

Online Acceptance and Commitment Therapy and Nutrition Workshop for Parents of Children with Inflammatory Bowel Disease: Feasibility, Acceptability, and Initial Effectiveness by Sara Ahola Kohut, Martincevic, I., Turrell, S.L., Church, P.C., Walters, T.D. Weiser, N. & Iuliano, A.

Mindfulness-Based Virtual Reality Intervention for Children and Young Adults with Inflammatory Bowel Disease: A Pilot Feasibility and Acceptability Study by Wren, A.A., Neiman, N., Caruso, T.J., Rodriguez S., Taylor, K., Madill, M., Rives, H. & Nguyen, L.

Does Parenting Style Affect Adolescent IBD Transition Readiness and Self-Efficacy Scores? by Zuar, L.R., Chien, K., Lentine, J., Cooley, V., Gerber, L.M., Ward, M.J. & Keefer, L.

Evaluating a Standardized Transition of Care Process for Pediatric Inflammatory Bowel Disease Patients by Shearer, J.L., Perry, S., Lidyard, N., Apperson-Hensen, C., DeLozier, S., Burkhart, K., Katz, J. & Moses, J.

Telemedicine and Integrated Multidisciplinary Care for Pediatric IBD Patients: A Review by Potthoff, L.M.

Applying Telemedicine to Multidisciplinary Pediatric Inflammatory Bowel Disease Care by Michel, H.K., Maltz, R.M., Boyle, B., Donegan, A. & Dotson, J.L.

Leveraging Institutional Support to Build an Integrated Multidisciplinary Care Model in Pediatric Inflammatory Bowel Disease by Schurman, J.V. & Friesen, C.A. David, J., Berenblum Tobi, C., Kennedy, S., Jofriet, A., Huwe, M., Kelekian, R., ... & ImproveCareNow Pediatric IBD Learning Health System. (2021). Sustainable generation of patient-led resources in a learning health system. *Learning Health Systems*, e10260.

David, J. G., Chute, D., Reed, B., Saeed, S., DeMatteo, D., Atay, O., ... & Daly, B. (2021). Assessing the Prevalence of and Risk Factors for Disordered Eating Attitudes and Behaviors in Adolescents With Inflammatory Bowel Disease. *Inflammatory Bowel Diseases*.

Ferreira, N, Mikocka-Walus, A., van Tilburg, M.A.L., Graff, L., Apputhurai, P., Barreiro-de Acosta, M., Bennebroek Evertsz, F., Burisch, J., Lo, B., Petrik, M., Trindade, I.A., Jedel, S., Moser, G., Mokrowiecka, A., Bernstein, C.N., Dumitrascu, D., Ford, A.C., Stengel, A., Geary, R., Knowles, S.R. (2021). The impact of the coronavirus (COVID19) pandemic on individuals with gastrointestinal disorders: A protocol of an international collaborative study. *Journal of Psychosomatic Research*, 48, 110561.

<https://doi.org/10.1016/j.jpsychores.2021.110561>

Mikocka-Walus. A., Skvarc, D., van Tilburg, M.A.L., Barreiro-de Acosta, M., Bennebroek Evertsz, F., Bernstein, C.N., Burisch, J., Ferreira, N., Geary, R.B., Graff, L.A., Jedel, S., Mokrowiecka, A., Stengel, A. (2021). COVID-19-related personal product shortages are associated with psychological, distress in people living with gastrointestinal disorders: A cross-sectional survey, *Neurogastroenterology and Motility*, 00, e14198. <https://doi.org/10.1111/nmo.14198>

Simons, M., Taft, T.H., Doerfler, B., Ruddy, J., Bollipo, S., Nightingale, S., Siau, K., van Tilburg, M.A.L. (2021) Exclusion Diet Therapies for Irritable Bowel Syndrome and the Association with Disordered Eating and Nutritional Status. *Neurogastroenterology and Motility*, e14188. doi.org/10.1111/nmo.14188

Owusu, J.T., Sibelli, A., Moss-Morris, R., van Tilburg, M.A.L., Levy, R.L., Oser, M. (2021). A Pilot Feasibility Study of an Unguided, Internet-Delivered Cognitive Behavioral Therapy Program for Irritable Bowel Syndrome. *Neurogastroenterology and Motility*, Epub March 2021 <https://doi.org/10.1111/nmo.14108>

Reed, B., Rea, K.E., Claar, R.L., van Tilburg, M.A.L., Levy, R.L. (2021). Pain Catastrophizing and Passive Coping Partially Explain the Relation Between Self-Esteem and Health-Related Quality of Life in Youth with Inflammatory Bowel Disease. *Frontiers in Psychology*, June 24th 2021 <https://doi.org/10.1002/eat.23536>

Nicholas, J., van Tilburg, M.A.L., Pilato, I., Erwin, S., Rivera-Cancel, A., Ives, I., Marcus, M., & Zucker, N. (2021). The Diagnosis of Avoidant Restrictive Food Intake Disorder in the Presence of Gastrointestinal Disorders: Opportunities to Define Shared Mechanisms of Symptom Expression. *International Journal of Eating Disorders*, 54(6), 995-1008 DOI: 10.1002/eat.23536

Mikocka-Walus. A., Skvarc, D., Barreiro-de Acosta, M., Bennebroek Evertsz, F., Bernstein, C.N., Burisch, J., Ferreira, N., Geary, R.B., Graff, L.A., Jedel, S., Mokrowiecka, A., Stengel, A., Trindade, I.A., van Tilburg, M.A.L., Knowles, S. (2021). Experiential avoidance explains the relationship between self-isolation and distress among

people with gastrointestinal disorders during the COVID-19 pandemic. *Journal of Clinical Psychology in Medical Settings*, Epub August 3rd 2021, doi.org/10.1007/s10880-021-09818-9

Lamparyk, K., Burkhart, K., Buzenski, J., van Tilburg, M.A.L. (2020). Challenges and Opportunities in Measuring Pediatric Quality of Life: Exemplified by Research in Pediatric Gastroenterology. *Expert Review of Pharmacoeconomics & Outcomes Research*, 14(11), 1061-1067. doi: 10.1080/17474124.2020.1806055

Waschmann, M., Lin, H. C., & Stellway, J. E. (2021). 'Adulting' with IBD: Efficacy of a novel virtual transition workshop for pediatric inflammatory bowel disease. *Journal of Pediatric Nursing*, 60, 223-229.

Svetanoff, W.J., Low Kapalu, C.M., Lopez, J.J., Fraser, J.A., Briggs, K. B., Rentea, R. M. (2021) Psychosocial factors affecting quality of life in patients with anorectal malformation and hirschsprung disease: A qualitative systematic review. *Journal of Pediatric Surgery*

Friesen, H. J., Rosen, J., Low Kapalu, C., Singh, M., Spaeth, T., Cocjin, J. T., ... & Schurman, J. V. (2021). Mucosal eosinophils, mast cells, and intraepithelial lymphocytes in youth with rumination syndrome. *Neurogastroenterology & Motility*, e14155.

FELLOWSHIP & JOB ANNOUNCEMENTS

Psychology graduate students applying for internship and fellowship, remember to check out the Training Sites directory on the PG-SIG webpage: <https://pgsig.weebly.com/training--continuing-education.html>

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Yale Child Study Center, in collaboration with the Section of Pediatric Gastroenterology & Hepatology, has an opening for a full-time pediatric psychologist to join their growing team of GI psychologists in YNH Children's Hospital. Successful candidates will be appointed as Assistant Professor of Child Clinical Psychology on the Clinical track and will provide intervention as part of an interdisciplinary team. For additional information and questions, contact Dr. Maggie Stoeckel at maggie.stoeckel@yale.edu.

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The division of Pediatric Psychology at **Oregon Health & Science University**, in collaboration with the Division of Pediatric Gastroenterology is recruiting a pediatric psychology postdoctoral fellow for the academic year 2022-2023. The postdoctoral fellowship is focused on working with young people with gastrointestinal disorders. This fellowship will provide opportunities for both inpatient and outpatient care and will involve working with a multidisciplinary team. In addition, the position will involve research activities with opportunities to examine and study behavioral health screening in pediatric gastroenterology, quality improvement, and disease-distress, among others. For additional information about the position, contact Drs. Michael A. Harris (harrismi@ohsu.edu) or Jacklyn Stellway (stellway@ohsu.edu).

*Do you have a feature idea for an upcoming newsletter?
Email the PG-SIG secretary, Jacklyn Stellway, directly at stellway@ohsu.edu*