



Pediatric Gastroenterology
Special Interest Group

APA DIVISION
54

DIGEST

Internal Newsletter of the Pediatric Gastroenterology Special Interest Group, APA DIV54, June 2013

LEADERSHIP UPDATE

We are pleased to announce the election and appointment of several new PG-SIG Board Members that took place during the recent SIG meeting held in conjunction with the Division 54 National Conference in April 2013.

Please join us in congratulating our newly elected Co-Chairs (2014-16), [Michele Herzer Maddux](#) (Children's Mercy Hospitals & Clinics) and [Amanda Drews Deacy](#) (Children's Mercy Hospitals & Clinics)! They will begin the "Chair Elect" duties immediately (basically, getting oriented gradually through participation in quarterly teleconference board meetings to ensure a seamless transition) and will assume the role of co-Chairs at the conclusion of the Spring 2014 annual PG-SIG meeting.

Please also join us in welcoming our newly appointed Member-at-Large for Research (2013-15), [Laura Mackner](#) (Nationwide Children's Hospital), and Trainee Representative for Research (2013-15), [Bonney Reed-Knight](#) (Brown University)! They will serve in this capacity through the conclusion of the Spring 2015 annual PG-SIG meeting, when new board members will be appointed.

Finally, please join us in welcoming our newly appointed Member-at-Large for Clinical (2013-15), [Carin Cunningham](#) (Seattle Children's Hospital), and Trainee Representative for Clinical (2013-15), [Andrea Wojtowicz](#) (Rosalind Franklin University of Medicine and Science)! They will serve in this capacity through the conclusion of the Spring 2015 annual PG-SIG meeting, when new board members will be appointed.

The remaining Board Members are as follows:

- Co-Chairs (2012-14): Jennifer Verrill Schurman (Children's Mercy Hospitals & Clinics) and Anthony Alioto (Nationwide Children's Hospital)
- Member-at-Large for Training (2012-14): Alan Silverman (Medical College of Wisconsin)
- Secretary (2012-14): Katie Lamparyk (Cleveland Clinic)
- Membership Coordinator (2012-14): Rob Dempster (Nationwide Children's Hospital)
- Student Representative (2012-13): Rose Schroedl (Nationwide Children's Hospital)

Just as a reminder, each Chair/co-Chair will be elected for a 6 year term with each subsequent election, with 2 years spent as Chair-elect, 2 years as Chair, and 2 years as past-Chair to maintain continuity of leadership, ensure a formal succession plan, and support younger faculty in assuming a leadership role in the running of our SIG. Other board members will be appointed for 2 year cycles, with the option of renewal by the current Chair; reappointments may be made earlier if a vacancy occurs.

We also want to recognize and thank Rose Schroedl for her efforts as Student Representative over the past year as she embarks on her first faculty position this Fall! With Rose's imminent departure, the single student representative position will now be divided into two trainee representative positions (as reflected above) in order to promote a greater mentorship relationship between trainee and faculty board members, as well as increase student/trainee representation and "voice" within our SIG. *-Jennifer Schurman*

WORKSHOP IDEAS WANTED!

As part of our mission to disseminate GI knowledge both within our SIG and throughout Pediatric Psychology, several of us discussed putting together a GI-focused workshop. This workshop could be a pre-conference workshop at the next Pediatric Psychology conference or even a one-hour workshop as part of our SIG meeting.

Some of the ideas proposed at the conference included:

- Emerging areas of service delivery in GI/Psychology (e.g., telehealth, distance treatment)
- How to translate treatments we do at larger medical centers into workable treatments for the community psychologist or pediatric psychologists with fewer resources
- Obstacles to providing care in the next five years
- A topic that bring together our SIGs with other SIGs

I am looking for ideas as well as people who would be interested in developing a workshop. I promise, if you send me ideas, I will not assume that you are going to do any of the work (unless you want do!).

Please contact Dr. Anthony Alioto at Anthony.Alioto@NationwideChildrens.org with ideas or interest in developing ideas.

PG-SIG Leadership

Jennifer Schurman, PhD, ABPP
Co-Chair
Children's Mercy Hospitals and Clinics

Anthony Alioto, PhD
Co-Chair and Webmaster
Nationwide Children's Hospital

Michele Herzer Maddux, PhD
Co-Chair Elect
Children's Mercy Hospitals and Clinics

Amanda Drews Deacy, PhD
Co-Chair Elect
Children's Mercy Hospitals and Clinics

Rob Dempster, PhD
Membership Coordinator
Nationwide Children's Hospital

Katie Lamparyk, PsyD
Secretary
Cleveland Clinic Children's Hospital

Alan Silverman, PhD
At-Large Member, Education
Children's Hospital of Milwaukee

Carin Cunningham, PhD
At-Large Member, Clinical
Seattle Children's Hospital

Laura Mackner, PhD
At-Large Member, Research
Nationwide Children's Hospital

Andrea Wojtowicz
Student Representative for Clinical
Rosalind Franklin University of Medicine
and Science

Bonnie Reed-Knight, MS
Student Representative for Research
Brown University

SIG RESEARCH UPDATE

I'm the new PG-SIG MAL-R, or the Member-at-Large, Research, for the SIG. As the PG-SIG MAL-R, I'll serve as a liaison between members involved in research (and those who want to be involved in research) and the PG-SIG board. I'll work with members involved in research to strengthen communication and build opportunities for collaboration among these members. I'll coordinate the annual student poster award given at the SPP national conference. I'll be responsible for regularly monitoring research publications for research findings of interest to the membership. And I'll work collaboratively with other board members to advance knowledge and training in the role of psychosocial factors in the etiology and treatment of pediatric gastroenterology conditions. I'm fortunate to have Bonney Reed-Knight helping me with the responsibilities.

One of my first projects will be to compile a list of who's doing what research, and who wants to be doing what research in our group. So be looking for an email with these questions in the near future. *-Laura Mackner*

SIG CLINICAL UPDATE

As the clinical Member-at-Large, I am working with Andrea Wojtowicz who is the clinical student at large to identify information that will be useful to GI SIG members.

We are interested in what members of the GI-SIG are participating in now in terms of specific GI clinics such as but not limited to the following:

- IBD
- Motility
- Feeding Issues
- Abdominal Pain
- Cyclic Vomiting

This would include information on:

- Frequency of clinic meetings
- Who are the members of the clinic
- What assessment/screening tools are used
- Strengths and weaknesses of the present clinic

We are also interested in identifying evidence-based treatments for a wide range of GI disorders and assembling that information in a manner that can be disseminated: either on-line data or a second edition of the Pediatric Gastrointestinal disorders book that I co-authored.

-Carin Cunningham

HYPNOSIS WORKSHOP

National Pediatric Hypnosis Training Institute
October 3-5, 2013
Minneapolis, MN

Clinical Hypnosis is a therapeutic intervention with empirical support for a variety of clinical conditions: including chronic and procedure-related pain, anxiety disorders, stress-related conditions, habit problems, sleep disturbance, and various medical conditions. This workshop provides training in the use of clinical hypnosis and its applications to children and teens with various conditions in pediatric settings. The workshop is offered at three levels depending on the clinician's previous training in pediatric hypnosis. Strong emphasis is placed on experiential learning, with supervised practice of hypnotic techniques suitable for children/teens and of integrating a developmental perspective.

This conference gave me a whole new skill to offer my patients and was totally practice changing! I've been back twice and have taken several of my colleagues in pediatric psychology. We all agree that this conference changed the way we talk to and work with our patients on a daily basis, and that this change has lead to tangible improvements in our patients. I can't recommend this experience enough!
- Gabriela Reed

CONGRATULATIONS

To the winner of the PG-SIG Student Poster Award presented at the National Conference in Pediatric Psychology in New Orleans

JAMIE RYAN

OKLAHOMA STATE UNIVERSITY AND CINCINNATI CHILDREN'S HOSPITAL

Authors: Jamie L. Ryan, Michael W. Mellon, Katherine W. F. Junger, Elizabeth A. Hente,
Lee A. Denson, Shehzad A. Saeed, Kevin A. Hommel

Title: The Clinical Utility of Health Related Quality of Life Screening in a Pediatric Inflammatory Bowel Disease Clinic

RESEARCH BRIEFS

MEMBERS' RECENTLY PUBLISHED ARTICLES

Click on each title to link to the abstract.

- Ψ Dovey TM, Alridge V, Martin CI (2013) Measuring Oral Sensitivity in Clinical Practiczzze: A Quick and Reliable Behavioural Method. Dysphagia. DOI 10.1007/s00455-013-9460-2
- Ψ Greenley, R. N., Kunz, J. H., Schurman, J. V., & Swanson, E. (2013). Abdominal pain and health related quality of life in pediatric Inflammatory Bowel Disease. *Journal of Pediatric Psychology*, 38, 63-71.
- Ψ Greenley, R.N., Reed-Knight, B., Blount, R.L., Wilson, H.W. Dyadic Confirmatory Factor Analysis of the Bowel Disease Family Responsibility Questionnaire. *Journal of Pediatric Psychology*, Published Online May 10, 2013.
- Ψ Kovacic, K., Williams, S., Li, B.U., Chelimsky, G., Miranda, A. (2013). High Prevalence of Nausea in Children with Pain-Associated Functional Gastrointestinal Disorders: Are Rome Criteria Applicable? *J Pediatr Gastroenterol Nutr*.
- Ψ Mackner, L., Greenley, R.N., Szigethy, E., Herzer, M., Deer, K., & Hommel, K.A. (2013). Psychosocial issues in pediatric inflammatory bowel disease: A clinical report of the North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition. *Journal of Pediatric Gastroenterology and Nutrition*, 56(4), 449-458.
- Ψ Martin, C. I., Dovey, T. M., Coulthard, H., & Southall, A. (2013). Maternal stress and problem-solving skills in a sample of children with non-organic feeding disorders. *Infant Mental Health Journal*, 1-9.
- Ψ Reed-Knight, B., Lewis, J., Blount, R. L. (2013). Behavioral functioning in youth with inflammatory bowel disease: Perceived barriers as mediator of medication adherence. *Journal of Pediatric Psychology*.
- Ψ Schroedl, R.L., Alioto, A., Di Lorenzo, C. (2013). Behavioral treatment for adolescent rumination syndrome: A case report. *Clinical Practice in Pediatric Psychology*, Vol 1(1), 89-93.

UPCOMING ARTICLES

- Ψ Greenley, R. N., Stephens, K. A., Nguyen, E. U., Kunz, J. H., Janas, L., Goday, P., & Schurman, J. V. (in press). Vitamin and mineral supplement adherence in pediatric Inflammatory Bowel Disease. *Journal of Pediatric Psychology*.
- Ψ Herzer, M., VanSlyke, H., & Cortina, S. (in press). Transition from Pediatric- to Adult-Focused Health Care among Young Adults with Chronic Medical Conditions. *Handbook of Behavioral Medicine*. West Sussex, UK: Wiley-Blackwell.
- Ψ Wassom, M. C., Schurman, J. V., Friesen, C. A., & Rapoff, M. (in press). A Pilot Study of "Gutstrong" for Adolescents with Functional Gastrointestinal Disorders. *Clinical Practice in Pediatric Psychology*.

CLINICAL PROGRAM HIGHLIGHTS

MULTIDISCIPLINARY FEEDING PROGRAM

The Multidisciplinary Feeding Program at CHOC (Children's Hospital in Orange County, CA) is about 10 years old and has recently experienced a significant growth over the last 2-3 years. We have a multidisciplinary consultation clinic as well as an intensive inpatient feeding program specifically targeting G-tube weaning but also accepting patients with food refusal, sensory aversion, and patients in danger of G-tube placement. We recently admitted over 85 patients into our 3-week intensive program. The most recent data analysis conducted on children (N=30) who were admitted (May 2009-Nov 2011) for G-tube weaning revealed a success rate of 90% at discharge of full GT wean with no significant changes in weight or IBW. We are preparing a manuscript to publish our findings as well as looking forward to presenting a poster at this year's APA. I'm in the process of implementing a prospective research study to capture factors related to the success of the inpatient program, including parent education and training, stress management support, and parent-child mealtime interaction guidance. CHOC Multidisciplinary Feeding Program: www.choc.org/feedingprogram -*Cindy Kim*

DEVELOPMENT OF A CLINICAL TRANSITION PROGRAM

In May 2011, a transition task force was created in the Division of Gastroenterology at Children's Mercy Hospital, with the aim of developing a clinical transition program to provide support, preparation, and education for all IBD patients as they enter young adulthood, become more engaged in their health care, and eventually transfer to an adult gastroenterologist. This task force is comprised of a pediatric gastroenterologist, a pediatric psychologist, a social worker, and nurse coordinator (who is also our transition coordinator), and a QI coordinator. Transition guidelines were developed for all IBD patients ages 12+ and we have worked to establish collaborations with local adult gastroenterologists. In Summer 2012, we organized our first Annual Transition Roundtable for purposes of bringing together pediatric and adult gastroenterologists to discuss how we can work together to facilitate the transfer of care of IBD patients once they reach adulthood, and to develop ties and collaborations with adult providers. Simultaneous to the development of this clinical program, we have developed a research and quality improvement arm aimed at evaluating various patient health outcomes as they progress through the transition program. We have also collected survey data from patients, caregivers, adult gastroenterologists to evaluate needs and expectations regarding transition and transfer; this data was subsequently used to inform the development of our clinical program. -*Michele Herzer Maddux*

CONGRATULATIONS!

Amitha Prasad Gumidyala, M.S. was recently awarded an APA Division 38 grant to fund her dissertation project entitled "Measuring Transition Readiness of Youth with IBD: Youth, Parent, and Patient-Provider Relationship Correlates"

YOUTUBE AND IBD

At Seattle Children's Hospital, we are also in the process of developing YouTube videos for patients and families. The videos have different providers talking about various aspects of IBD.

-Carin Cunningham

NEW FELLOWSHIP IN FGIDs

Children's Mercy is starting a new postdoctoral fellowship in FGIDs with the addition of Laura Slosky in September, 2013.

-Jennifer Schurman

POPULAR PRESS

Rotter, Nancy S., Ph.D co-authored an illustrated book for children with EoE, titled "Eating Isn't Always Easy: Ben's story about his Eosinophilic Esophagitis". My co-author, Qian Yuan (a pediatric gastroenterologist), and I wrote this book for children in preschool through early elementary school who have EoE. Our intent was to provide a resource for children coping with the diagnosis and treatment of EoE, with an emphasis on dietary treatment. We self-published it through CreateSpace.

INTERNATIONAL SPECIALIST INTERVENTIONS FOR FEEDING DISORDERS CONFERENCE

The Feeding Disorders Conference that took place on 11th and 12th of April at Stafford UK was very well attended and speakers from EU, UK and USA presented up to date research in the field.

The first day was dedicated to assessment and behavioral intervention. Professor Cathleen Piazza, PhD, director of the Pediatric Feeding Disorders Program at Munroe-Meyer Institute (MMI) and Professor in Pediatrics at University of Nebraska Medical Center (UNMC) was the key note speaker. Clarissa Martin also delivered a master class that included an in vivo consultation session with a family whose child was diagnosed of short bowel syndrome (SBS) and was home on an enteral tube nutrition regimen.

The second day was dedicated to feeding disorders and Autism. Professor Wayne W. Fisher, Ph.D., Professor of Behavioral Research in the MMI and the UNMC Department of Pediatrics and the MMI Director of the Center for Autism Spectrum, was the key note speaker and also delivered a master class. Assessment software containing evidence based psychometric questionnaires was released and can be found free of charge at: www.feedq.org

A Pediatric Feeding Disorders International Special Interest Group was launched and it is currently being setting up. For further information please contact clarissa.martin@midlandpsychology.co.uk.

GI CLASSIFIED

Gastroenterology Psychologist: The Centers for Pediatric Psychiatry and Gastroenterology (GI) at Children's Medical Center Dallas seek a full-time psychologist to provide clinical services to children and adolescents in Gastroenterology. Clinical work will include evaluation, inpatient and outpatient intervention, and close collaboration with other members of the GI team. The psychologist in this position will also participate in supervision and training activities. Experience with non-pharmacological management of GI disorders is preferred. Evidence for commitment to research with this population is also preferred. The psychologist chosen for the position will be considered for a faculty appointment in the Department of Psychiatry at UT Southwestern.

Applicants should email a letter of interest with curriculum vitae to:

Sunita M. Stewart, Ph.D.

Director of Psychological Services

Children's Medical Center Dallas

sunita.stewart@utsouthwestern.edu

For more information about Children's Medical Center and the Center for Pediatric Psychiatry, please visit: <http://www.childrens.com/psychiatry>.